

MCANA
MACOMB AREA SERVICE MEETING
OFFICIAL MINUTES
February 13th, 2011

OPENING PRAYER 10:30am

READING OF THE TWELVE TRADITIONS OF NA

Gary S.

READING OF THE TWELVE CONCEPTS

Bob B.

INTRODUCTION OF NEW GSR'S

Craig R. – Coffee Shop Recovery

Frank D. – Lean Into Life

James W. – Friends In Recovery

Thank you for your willingness!!

GSR SHOW OF HANDS TO DETERMINE IF QUORUM IS MET

16 GSR's Present

GSR ROLL CALL AND REPORTS

2-13-11
Group Name TIME TO CHANGS Meeting Day SAT-DAY Meeting Time 6:00 PM
Average Attendance 9 Area Donation \$ 15.00 Group Treasurer Balance \$ _____
Financial Obligations Being Met? Yes No Please Explain _____

Group Concerns / Comments: ONE YEAR ANNIVERSARY ON FEBRUARY-16
64892 GRATIOT S of 30 MILE RD
RICHMOND ASSEMBLY OF GOD
GSR / Co-GSR Name OPEN GSR / Co-GSR Phone Number _____
GSR / Co-GSR EMAIL Address IRVPIERCE@YAHOO.COM

M.C.A.S.C Group Report

Group Name NO MATTER WHAT Meeting Day SUN Meeting Time 6:30 PM
Average Attendance 8 Area Donation \$ _____ Date: _____
Financial Obligations Being Met? Yes / No Please Explain BARELY

Group Concerns / Comments: WILLINGNESS IS NON EXISTENT

GSR / Co-GSR Name _____ GSR / Co-GSR Phone Number _____
GSR / Co-GSR EMAIL / Address _____

M.C.A.S.C Group Report

Group Name Sunday night candlelight Meeting Day Sunday Meeting Time 7pm
Henry Ford Hospital North Ave Mt. Clemens
Average Attendance 20 Area Donation \$ 0 Date: 2-13-11

Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: Great willingness - positions are filled.

GSR / Co-GSR Name Carolyn m. GSR / Co-GSR Phone Number (586)604-5962

GSR / Co-GSR EMAIL / Address vanden88@msu.edu

M.C.A.S.C Group Report

2-13-11
Group Name NEW LIFE NEW HOPE Meeting Day FRIDAY Meeting Time 7:00 PM
Average Attendance 9 Area Donation \$ 10.00 Group Treasurer Balance \$ _____

Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: ONE YEAR ANNIVERSARY ON FEBRUARY -15

30795 23 MILE RD 1/2 MI E OF I94
HENRY FORD MACOMB HEALTH CTR

GSR / Co-GSR Name OPEN GSR / Co-GSR Phone Number _____

GSR / Co-GSR EMAIL Address IRVPIERCE@YAHOO.COM

M.C.A.S.C Group Report

M.C.A.S.C Group Report

Group Name Recovery Zone Meeting Day Friday Meeting Time 7:30
Average Attendance 25 Area Donation \$ 0 Date: 2/13/11
Financial Obligations Being Met? Yes No Please Explain _____

Group Concerns / Comments: 2/25/11 closed church warming center
smaller meetings lately Co-GSR needed

GSR / Co-GSR Name Mary Jo B. GSR / Co-GSR Phone Number 576-202-0551
GSR / Co-GSR EMAIL / Address mybodart@comcast.com

M.C.A.S.C Group Report

Group Name New Hope Meeting Day Sat Meeting Time 7:00
Average Attendance 100 Area Donation \$ 1000 Date: 2/13/11
Financial Obligations Being Met? Yes No Please Explain _____

Group Concerns / Comments: ANTHONY WILL BE NEW GSR
AS OF 3-1-11

GSR / Co-GSR Name _____ GSR / Co-GSR Phone Number _____
GSR / Co-GSR EMAIL / Address _____

M.C.A.S.C Group Report

Group Name White Flag Meeting Day Thursday Meeting Time 9:30 P.M.
Average Attendance 10-12 Area Donation \$ 0 Date: _____
Financial Obligations Being Met? Yes / No Please Explain Being met, but barely.

Group Concerns / Comments: Attendance on the low side. A lot of newcomers, but not a lot of clean time, need more addicts w/ significant clean time. We need all new literature.

* 3-3-10 => Can/Bottle Return Drive @ Macomb Alano Club *

GSR / Co-GSR Name Matt B => GSR GSR / Co-GSR Phone Number 586-286-5065
GSR / Co-GSR EMAIL / Address Matthewtbarczak@yahoo.com

M.C.A.S.C Group Report

Group Name TOGETHER WE GROW Meeting Day TUE Meeting Time 7:30 PM
Average Attendance 40 Area Donation \$ 0 Date: 2/13/11
Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: WE NEED A TRES AND CO TRES
OUR CURRENT TRES HAS LESS THAN 1YR
AND WE'D LIKE A TRES WITH OVER 2YRS CLEAN &
~~1YR~~ GAINFULLY EMPLOYED.

GSR / ~~Co-GSR~~ Name JEREMY P GSR / ~~Co-GSR~~ Phone Number 586-495-0309
GSR / Co-GSR EMAIL / Address _____

M.C.A.S.C Group Report

Group Name LEARN INTO LIFE Meeting Day TUES & FRI Meeting Time 11 AM

Average Attendance 60 Area Donation \$ 70.00 Date: 2-13-11

Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: 60 POSITIONS NEEDED

GSR / Co-GSR Name FRANK D GSR / Co-GSR Phone Number _____

GSR / Co-GSR EMAIL / Address FRANKD1113@GMAIL.COM

M.C.A.S.C Group Report

Group Name If must Be FRIDAY Meeting Day FRIDAY Meeting Time 11⁰⁰ AM

Average Attendance 25-30 Area Donation \$ 30.00 Date: 2-13-11

Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: _____

GSR / Co-GSR Name Tom K. GSR / Co-GSR Phone Number 3139106097

GSR / Co-GSR EMAIL / Address ~~FRANKD1113@GMAIL.COM~~ Tomkaz123@gmail.com
32124 BRADNER, WARREN MI. 48088

M.C.A.S.C Group Report

Group Name Good Morning Recovery Meeting Day Wed Meeting Time 11:00 AM

Average Attendance 21 Area Donation \$ 70.00 Date: 2-12-11

Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: willingness for trusted servants

GSR / Co-GSR Name _____ GSR / Co-GSR Phone Number _____

GSR / Co-GSR EMAIL / Address _____

M.C.A.S.C Group Report

Group Name Coffee shop Monday Meeting Day Monday Meeting Time 7:00 PM

Average Attendance Good Area Donation \$ 30.00 Date: 2-13-11

Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: Positions are filled

GSR / Co-GSR Name Craig Rutledge GSR / Co-GSR Phone Number 586-222-1020

GSR / Co-GSR EMAIL / Address CPA523@yahoo.com

M.C.A.S.C Group Report

Group Name Go For It Meeting Day Sunday Meeting Time 7:00 PM

Average Attendance 85 Area Donation \$ 20.00 Date: 2/13/11

Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: _____

GSR / Co-GSR Name Danny H GSR / Co-GSR Phone Number 586-420-0719

GSR / Co-GSR EMAIL / Address paratroop80@yahoo.com

M.C.A.S.C Group Report

Group Name Gimme Shelter Meeting Day Saturday Meeting Time 4:00 PM

Average Attendance 15 Area Donation \$ 10.00 Date: 2/13/11

Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: Open talk - Mark J, Feb 19th

GSR / Co-GSR Name None GSR / Co-GSR Phone Number _____

GSR / Co-GSR EMAIL / Address _____

M.C.A.S.C Group Report

Group Name Get a Life Meeting Day Wed. Meeting Time 7:00 PM

Average Attendance 100 Area Donation \$ None Yet Date: 2/13/2011

Financial Obligations Being Met? Yes / No Please Explain Financial needs being met although we do not yet have a prudent reserve. When we have a prudent reserve we will be able to donate.

Group Concerns / Comments: Recently filled all service positions at last business meeting

GSR / Co-GSR Name Jack Geerer GSR / Co-GSR Phone Number (886) 202-7353
GSR / Co-GSR EMAIL / Address john.geerer@yahoo.com

M.C.A.S.C Group Report

Group Name Friends In Recovery Meeting Day Mon/Thurs Meeting Time 11:00am

Average Attendance 30/40 Area Donation \$ 20 Date: 2/13/2011

Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: All service positions filled at last business meeting.

GSR / Co-GSR Name Jessie W. GSR / Co-GSR Phone Number 586-744-0026
GSR / Co-GSR EMAIL / Address Jessie.w@att.net

M.C.A.S.C Group Report

Group Name Freedomsecrets Meeting Day _____ Meeting Time _____

Average Attendance _____ Area Donation \$ 0- Date: 2-13-11

Financial Obligations Being Met? No Please Explain _____

Group Concerns / Comments: position open 1005P
ALL people s

GSR / Co-GSR Name James S Gornoi GSR / Co-GSR Phone Number _____

GSR / Co-GSR EMAIL / Address JSGORNIAR@Yahoo.com

M.C.A.S.C Group Report

Group Name Closer to the heart Meeting Day Fri Meeting Time 7pm

Average Attendance 50-100 Area Donation \$ 100.00 Date: 2-13-11

Financial Obligations Being Met? Yes No Please Explain _____

Group Concerns / Comments: All positions filled!

GSR / Co-GSR Name Jim D. GSR / Co-GSR Phone Number 248-882-4522

GSR / Co-GSR EMAIL / Address xbones08@comcast.net

M.C.A.S.C Group Report

Group Name spiritual connection Meeting Day Thursday Meeting Time 7:00 PM

Average Attendance 75 to 100 Area Donation \$ 35⁰⁰ Date: 2-13-2011

Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: open speaker (big) Rich L. March 3rd

We need G.S.R. Co-G.S.R.

GSR / Co-GSR Name open GSR / Co-GSR Phone Number _____

GSR / Co-GSR EMAIL / Address _____

M.C.A.S.C Group Report

Group Name Let's Get Better Together Meeting Day Wed Meeting Time 10⁴⁵

Average Attendance 12 Area Donation \$ 10 Date: 2/13/11

Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: _____

GSR / Co-GSR Name Eric A GSR / Co-GSR Phone Number 586 3603306

GSR / Co-GSR EMAIL / Address muejie@yahoo.com

M.C.A.S.C Group Report

Group Name All in the family Meeting Day SAT Meeting Time 7:00pm

Average Attendance 60 Area Donation \$ 50 Date: 2-13-11

Financial Obligations Being Met? Yes No Please Explain _____

Group Concerns / Comments: _____

GSR / Co-GSR Name Bob B GSR / Co-GSR Phone Number (5) 776 1385

GSR / Co-GSR EMAIL / Address Robertbureau@ATT.NET

Group Reports finished at 10:55am

7TH TRADITION BREAK

\$32.00 Collected

Meeting reconvened at 11:02am

ASC & SUBCOMMITTEE OPEN SERVICE POSITIONS

None - All positions are filled or have nominations - Thank you to all who are volunteering

Secretaries Year End Report

2/13/2011

I want to thank everyone for allowing me the privilege to serve on the admin board as secretary for the last year. I had many ideas when I took this position and one of them was to try and get the most complete minutes of the Area meeting possible without transcribing the Area meeting itself.

Another goal was to move the position into the age of computers and to have the minutes distributed by Email to all trusted servants. I did get this accomplished even though I took a lot of slack for it from many members.

The costs associated with mailing the minutes each month and the fact that many members stop being trusted servants or move frequently meant that money was being wasted by sending the minutes by U.S. mail each month. Each packet that contained all the things needed for accurate minutes cost approximately \$3.00, and with 15 GSR's average at an area meeting and then committee members, the M.S.O. and World, that added up to over \$50.00 a month just for mailing and then there was envelopes and printing costs.

The other side of not using a computer to do the minutes was that the minutes were very short and did not convey what happened at the Area each month and relied on the GSR taking accurate notes so they knew what to discuss at their Home Groups Business meeting.

By scanning every GSR report and Committee report, the GSR knew exactly what each group needed and what happened at each committee meeting. The GSR also had printable copies of everything that transpired at the Area meeting.

I have created a CD with all the minutes I created during the last year and also templates of all the things needed for the position and have it in the Secretary case.

I hope that the Secretaries to come will use these and improve on them to make the job easier. This will allow the GSR's to convey what happens at the Area meeting each month to their Home Groups with more accuracy and detail. Hopefully it will allow better communication between the Area and its member groups.

Again I want to thank you all for your patience while I learned this position and thanks again for the privilege of serving the Macomb Area.

In Loving Service;

Frank K

TREASURER'S REPORT

Group subtotal: \$480.00 7th Tradition: \$32.00 Last Months Balance: \$805.82
Activities Donation: \$166.00 Total: \$1483.82 Expense Total: \$472.20
General Fund Balance for January: \$1011.62
Regional Donation: \$186.62

RCM REPORT Given By Jerry P.

Macomb Area Alternate RCM Report

February 13, 2011

The Regional meeting was held at the MSO on January 30, 2011. The next regional meeting will be held at the Detroit East Area on March 27, 2011 @ 1 pm at Mt. Zion Church 13560 E. McNichols. Admin meeting starts at noon.

RCM Bob M attended the meeting.

If anyone would like a copy of the region minutes, shoot me an email and I will send them to you: uscatajuster@gmail.com

Blue Water and Detroit East areas were not present at the meeting. No donations were given by Detroit Central, West, Tri-City, or the absent areas. Macomb Area donated \$583.53, Western Wayne \$19.99, Oakland, \$50, and Monroe \$25. Regional register balance is \$5804.94. Donations were made to the Midwest Zonal Forum \$150 and the world \$100.

I brought copies for the GSRs to look at with last years donations made by all of the areas.

Regional Helpline Chair is still open. Hakeem W. was voted in as chair of Public Information. Public Information subcommittee was renamed Public Relations in order to be consistent across the fellowship. Mike F is Adhoc chair for technology. Marty K is now regional H&I chair. Dave C is now chair of the MSO board.

Bob brought back flyers from other areas of various activities that are going on, these are available for whoever wishes to take them.

Thank you for allowing me to serve,

Jerry P
Alternate RCM
586-216-3783

SUBCOMMITTEE REPORTS

Activities: Given By Brenda M.

Macomb Area Narcotics Anonymous Activities Report: February, Report, 2011

By: Brenda M. (Chairperson)

Sue S.- Treasurer

Donna . Co-Treasurer

Matt D.-Co Chairperson

Kathy C. – Secretary

OPEN-Co-Secretary

New Business:

Account Balance after today's Area Donation: \$1832.42.

Area Donation: \$166.00

Area Dance will be February 19 2011 Doors open @ 7:00, \$5.00 Suggested Donation, Pizza & Pop for sale \$1.00 each, D.J. by Gribbitt Entertainment Productions, Speaker Panel Couples in Recovery by Bob M, Shannon , Sue M and Mike M and Marty and Pam K. Starts @ 7:30, D.j. @ 9. Same location, American Legion Hall in Utica, Mi on Cass Ave.

Open Bowling and Family Night, February 24, 2011 @ 8:00, Donation \$5.00 adult, \$3.00 children includes pizza and pop, shoe rental and 2 games of bowling. We have lanes 11-26, lots of room to bowl! Come and bring your families (bumper lanes available) NA League will bowl lanes#1-10 and will get free pizza and pop! Continental Lanes, 13 and Gratiot.

March Spring Dance, March 19, 2011, 7 to 11:30, D.J. Mike w/Lights, Music, Action, Open Speaker tbd. Same location, flyers will be out by the 19th of February.

April, Easter Bunny Dance will be held either the 16th or the 23rd of April more will be revealed. We need our Easter Bunny Costume back from Jeremy (the old chairperson) if anyone knows him please let him know to call me.

Macomb Area NA Picnic, the site was reserved @ West Grove Pavilion, August 14, 2011, Sunday, cost \$150.00.

Bowling on Thursdays @ 8 p.m. starts @8:15, Continental Lanes, 13 & Gratiot, we are doing open bowling, please let people know that they can come and bowl Open Bowling. \$10.00 per person, 3 games and includes shoes and ball.

Our next Activities Meeting will be @6:45 at the Dance on February 19. We need all positions filled for the next service group in May.

Thank you,

Brenda M.

Helpline: Given By Joe P.

Good Morning family

2/13/11

I am an addict my name is Joe. And your Helpline chair. there was no Regional sub-committee meeting in Jan. We did have our Helpline Area sub meeting last Sat of month at Simmie's shelter group at 3:40 2 in attendance this is a monthly meeting to discuss concerns & suggestions. Also Patrick stepped down from Helpline due to personal matters. Robert who was the chair before me expressed willingness to serve as co chair for Helpline due to his experience and commitment. He is now co chair for Helpline for Macomb Area. And I will need a budget to put together for Helpline Volunteers for our day which is Thursday.

In Loving service Joe P.

H & I: Given By Steve L.

2-13-11

H & I Area Report

Good Morning Family my name is Steve L
I Am An Addict. Present at the last H&I
business Mtg. Steve L, Robert J, Jimmy A,
Mark G & kind M.C.J all Floors are going
well. On Feb 8th there was An orientation
For new Volunteers Went well. Once again
M.C.J is enforcing dress code. No hats, Hoodies,
Cell phones. All volunteers must go up at the
Same time. The prison is going well, we also
had another orientation For new volunteers.
Harbor Light Looking For Volunteers For Thursday
evenings. Harbor Light crew talks Sunday
nights going well. Sales Receipts attached
Amount OF 498.63 For December, and purchas
OF 349.95 For Jan. The blue book Banquet
sold out, Some will be the guest speaker
much thanks to All.

ILS
Steve L

Literature:

None - Excused Absense

Newsletter: Given By Sam P.

Newsletter Report Feb 13 2011

Hello my name is Sam
February issue is out - we have some good
contributions, please excuse my miss-spelled
words or content - I am a recovering
alcohol

please (GSA) Get as much content from
your groups and use the Email
Address (Anumb Miracles@yahoo.com)

Still looking to get a Data Base for
clean time Anniversaries (pass the
notebook) also at the banquet -

- MSO printing for ~~the~~ availability
- Activities chair - need content early
Sent to Email in PDF Form or Micro
soft word -
- Lets use the Email Address + internet
as much as poss.
- There is a movement to change the
NA structure - this is to add for ~~activities~~

Sam P.

Outreach: Given By John D.

Outreach Report 02-13-11

Thank you to everyone attending this month's area meeting and welcome to any new GSRs.

Since last month, I initiated 2 business meetings and encouraged support and or attendance to the Area. I also made announcements about the Area meeting reminding them to have their business meeting.

I sent a mass text to all the GSRs and others, encouraging them to support the area by making sure their group was represented.

If you are a new GSR please make sure your name and contact info are on the sign in sheet so I can include you in my mass text for next month.

Thank you again for everyone attending today.

In loving service,

John D

P R:

Open Position but we have a nomination.

Web Servant:

M.C.A.S.C Group Report

Group Name Web Servant Meeting Day _____ Meeting Time _____

Average Attendance _____ Area Donation \$ _____ Date: _____

Financial Obligations Being Met? Yes / No Please Explain _____

Group Concerns / Comments: No concerns / comments

GSR / Co-GSR Name Clay Mitchell GSR / Co-GSR Phone Number _____

GSR / Co-GSR EMAIL / Address claycjm@worldway.com

OLD BUSINESS:

Elections for Area Service Positions:

Chair:	Mike Y.	Elected	12 = Y	0 = N	2 = A
Co-Chair:	Jimmy H.	Elected	13 = Y	0 = N	1 = A
Secretary:	Jimmy D.	Rescinded	Open Position		
Co-Secretary:	Mark W.	Elected	11 = Y	0 = N	3 = A
Treasurer:	Niko K.	Elected	11 = Y	0 = N	3 = A
Co-Treasurer:	Aaron S.	Elected	11 = Y	0 = N	3 = A
RCM:	Jerry P.	Elected	12 = Y	0 = N	2 = A
RCM-Alt:	Bob M.	Elected	12 = Y	0 = N	2 = A
MSO Rep:	Mary B.	Elected	11 = Y	0 = N	3 = A

Groups returned surveys from the Region to the RCM Jerry P.

NEW BUSINESS:

PR Chair: Gary C. Nominated
Credentials: 9 Years Clean,
Regional Helpline Chair, Literature Chair, Has a Sponsor and his Sponsor has a Sponsor
(Take Back to your Groups)

Area Secretary: Jack G. Nominated
Credentials: 9 Months clean,
Willingness, Computer and Scanner skills
(Take Back to your Groups)

NEXT MEETING

March 13th, 2011 10:30am Henry Ford Hospital 19 Mile between Garfield and Hayes

OPEN FLOOR

Irvin talked about group picnics and planning, asked if GSR's could announce at Area so others won't plan on the same day

Matt stated that the White Flag Group was having a member only can drive to raise funds for their group

ADJOURNMENT

Motion to close was made and seconded and we closed at 11:55am

Please take the following information back to your groups:

PR Chair: Gary C. Nominated

Credentials: 9 Years Clean,

Regional Helpline Chair, Literature Chair, Has a Sponsor and his Sponsor has a Sponsor

(Take Back to your Groups)

Area Secretary: Jack G. Nominated

Credentials: 9 Months clean,

Willingness, Computer and Scanner skills

(Take Back to your Groups)



MACOMB MIRACLES

FEBRUARY

Volume 11 Issue 2

Newsletter of the Macomb County Area of Narcotics Anonymous

THERE ARE NO SECRETS

A friend once told me, "There are no secrets in NA." At first, that statement concerned me. "What do you mean, there are no secrets?" Today I am comforted by that statement. Let me explain. When I first came around, I didn't want anyone to know where "my addiction" had taken me. That meant I would be exposed and, even worse I would have to work on me; the real me. I would have to, God forbid, work on recovery. What has happened is that I have been able work on recovering from the disease of addiction. The wreckage of my past is just that, my past. I can share my experience, strength, and hope knowing that I can also be of some assistance to another recovering addict. How do I know? I listen. Even if I don't like what I am hearing, I'm still listening. When I don't agree, I am open-minded enough to embrace someone else's views. We



all recover at different rates and believe it or not there are recovering addicts who really know what they are talking about. When it comes to this disease there are no big i's or little you's, so take head and realize we've all got something to share.

What is comforting is that this fellowship has been around for so long that our experiences whether in active addiction or more importantly while in recovery are only unique to ourselves. I encourage anyone wanting the full benefit of recovery to talk about their issues and not let the intimidation of the past keep you from identifying from others. It's the ties that bind us together that keep this fellowship alive. In the spirit of recovery keep coming, keep sharing, and embrace the miracle of being clean one day at a time. ~ Anonymous

From the Editor

You know, I had an experience recently that I have to relate....and I really don't care how you all feel about it. If I cared how you felt about my words or sharing I probably would not have made it this far in my recovery process. We hear this a lot...."there is no perfect way to work this program"...you work yours, I work mine and we work "ours" together. To have a member point a finger at someone and vilify them for their honesty and open sharing, to openly chastise them at tables or in social forums and verbally slap them is hurtful in ways we can only imagine...our "words" can run someone right out of the program and possibly death. (Analogy) When someone walks in a room and is wearing something they are comfortable with but something we wouldn't be caught dead in.....we don't point a finger and laugh and say "I think you look stupid"...we simply pull them aside and say "I admire you for your courage, I am not that open enough yet to express myself like you do" It's funny how some old-timers have not developed the skill to give positive feedback and to affirm each other's open sharing. My sponsor has told me in the past that those who complain the most, argue the most, and criticize the most are not part of the solution. They eat all of the donuts, drink all of the coffee, never do service work, never fold a chair, tell you what's wrong and basically inhale more of their share of oxygen. But hey, **WE** encourage you to keep coming regularly...**WE** need to see who **WE** don't want to become. Those of you who can't protect yourself from bullies and still keep coming, thank you for the shining example, "you are Victors not Victims". ~ Sam P.

The Newsletter is **YOUR** open forum for thoughts, poems, gripes, events, stories, drawings. You are encouraged to be "Part of the Process"

CONTRIBUTORS

Your circumstances are not who you are, they are just something you ran into.

Your future is not tied to the past, nor are you limited by it.

Everything you stumbled into does not define who you are; it was just the road block that suppressed you from passing through.

Like me, there's more to you than meets the eye.

See, I to have learned that I'm not what the world told me I had to be.

The world told me and you that we have to be hookers, addicts, losers, hoodrats, degrading our self worth and values, thugs, criminals, smokers, and alcoholics, no dreams, no values, no morals, no standards, nothing.

But I'm here to say we made it, we're no longer limited to the images society has set for us.

As we grow, we can teach others to grow.

Don't limit yourself to what people say or think of you. They are just afraid to take that step themselves, so they'll try to keep you in bondage-don't let them.

Show them the great "I am" inside. Show them that education is the key.

I was once used and abused.

The devil tried to kill my spirit, and said I wouldn't be good for nothing but lying on my back.

And I believed him and thought I was limited by my breast, hips, and thighs.

There was a point in my life, you would have thought I was a Super K-Mart always open, never closed.

But I was lost and alone searching for somebody, anybody to love me.

What I didn't realize is that I was searching to find the royal and highest version of me.

I used to ask people what they say when they looked at me, only because

I was too afraid to look at myself.

Afraid of what I might see.

But that tree is cut and the roots are all dug out.

Now I'm F.I.N.E. favorable, insightful, nice, and have everlasting joy.

No longer limited, no longer bonded, no longer tied, no longer trapped, no longer a prisoner of my circumstances.

Oh and one more thing I'd like to say, and that is "Little things really do matter!"

Jamelia, is an undergraduate student at Wayne State University, who has decided to "step out on faith" to find the best she can be. Does her circumstances "sound familiar?" It's okay, just a reminder that we're not alone no matter where we come from. STEP OUT ON FAITH PEOPLE...GOD has a plan for everyone.

Anonymous

AUTHOR'S RELEASE This signed release must accompany all submissions. I hereby grant permission to **Macomb Miracles**, their successors, assigns and those acting on their behalf authority to publish the attached original material titled _____, I understand that this material may be edited or reprinted in other NA journals. I possess legal capacity to authorize this and release **Macomb Miracles** from any liability thereof.

SIGNED _____

DATE _____

AREA UPDATES

Voting for Area Chairs is underway, if you are interested in what is going on at the Area level and your group is not represented by a GSR, then become "Part of the Process". Get involved. The Macomb County Area Meeting meets on the 2nd Sunday of every month at 10:30 at Henry Ford Macomb Hospital 15855 Nineteen mile rd. (Just west of Garfield) Clinton Township, MI. 48038 McAuley Room A or B

WORDS OF ENCOURAGEMENT

3 THINGS TO BE HAPPY:

- **SOMEONE TO LOVE (FAMILY, DOG, FRIEND..)**
- **SOMETHING TO DO (MEETINGS, WORK GARDENING...)**
- **SOMETHING TO LOOK FORWARD TO (KEY TAG, DINNER, BASEBALL.....)**

The Newcomer

I walk through the door
 I am afraid
 I don't know what to expect
 My hands are shaking I'm sweaty and hot
 My life is a total wreck.
 I stumble in the doorway
 My hand slides through my hair
 My eyes dart around the room
 I have to find a chair.
 I can feel your eyes upon me
 As I slither like a snake
 into the chair
 In the back of the room.
 I try to smile but I am so afraid
 Oh my god what am I doing here
 I am not like these people
 Why can't I just stop.
 This really sucks!
 What if someone sees me that I know
 I'll give it 5 minutes
 At least I can say I tried.
 This is the last time I "What was that?"
 What did she say?
 A Disase.....

Rick L

A Gift to Hold on To

My "ah-ha" moment came when I realized that my daily craving for my drug of choice (or any substitute) was dissipating and would eventually become nothing more than a memory. The miracle of the program for me is that, even though my desire to use was present, I could choose not to pick up. After 10 years of bouncing in and out of NA, I finally came to this realization. The "ah-ha" really happened for me when the cravings came back with a vengeance well into my second year clean, and I realized that the reprieve wasn't only a gift, but a gift that I could hold on to. Sometimes we don't realize or imagine what is missing until it returns. ~ Brenda W.

!! NOTICE !!

If you would like your clean date anniversary to be in the newsletter then please give it to your GSR or send it to macombmiracles@yahoo.com. Celebrating increments of clean time shows the "newcomer" that this program works!

Macomb Miracles by E-mail !!

Get the Macomb Miracles Newsletter sent directly to you by sending an e-mail to macombmiracles@yahoo.com with the word "subscribe" as your subject.

If you would like to submit an item. Make sure that it is N.A. or recovery related, 100 words or less. Anonymity is strongly advised. Each item will be checked and edited if needed and will become property of the Macomb Miracles. You can submit an item to the N.A. website www.michigan-na.org/macomb (good) or to your G.S.R. (better) or to macombmiracles@yahoo.com (best). Be sure to include permission or an authors release and the date of your submission. We are looking for your poetry, your story, your opinion, pictures, artwork or anything you think may be suitable. The newsletter "business meeting" meets on the first Thursday of each month after the regular meeting at the "Willingness is the Key"

MACOMB AREA SERVICE COMMITTEE SIGN IN SHEET

Date: 2/13/2011

(Please Print Clearly)

Group Name	Name / Position	Email / Address	Phone Number	Clean Date
1 Friends	SAM OSBORN GSR	SOSBORN@YAHOO.COM	586 757 3319	12/9/09
2 Family	BOB J GSR	BOB@BICKER.COM	586 776 1395	8-18-09
3 Honest Believers	TOM K. GSR	3221 BRADNER WARREN MI TOMKAZ@GMAIL.COM	913 910 6097	7-29-08
4 Go For It	DANNY H GSR	paratroop@yahooc.com	586 426-0719	9/24/06
5 Spiritual Warfare	Mandy K.	the step 12 @comcast.net	810 523 6467	
6 Get a Life	JACK E / GSR	john.gere@yahoocom	(586) 202 7353	4/13/2010
7 Friends in Room	JAMES W / GSR	jee-wwww@hotmail.com	(586) 741-0026	10/25/2009
8 Together We Grow	TERREY PONTIER CO GSR	155 GALLUP INT ELEMENTARY 490043	586 495-0329	6/14/09
9 All Rm	JERRY P	2046 Soria Siding Hrs 48310	586 216 3783	11-1-2004
10 Closer to Heart	TIM D / GSR	Xbones @ comcast.net	419-869-4582	1-3-08
11 Recovery Zone	MARY S. GSR	marys@comcast.net	586 202-0037	6/14/07
12 Justice	JOHN D	john.d@yaho.com	586 662 2460	8/20/06
13 Let's Get Life	FRANK D	FRANKD@GMAIL.COM	(586) 215 5007	10/13/08
14 Helpline	Joseph P. Chair	Sinfield@yaho.com	(586) 781 2077	10/1/09
15 New Wave	Jung S.		586 476 8114	5-12-03
16 Cross to Heart	MIKE J. CO. GSR	MWOONEY@COMCAST.NET	586 550 6800	1/15/01
17				

MACOMB AREA SERVICE COMMITTEE SIGN IN SHEET

(Please Print Clearly)

	Group Name	Name / Position	Complete Mailing Address	Email Address	Phone Number	Clean Date
1	Time to Change	KVIN P	58735 STEVEN NEW HAVEN MI 48048	INPIE@PIE.PIC @PIE.PIC		8-15-07
2	Sundaysnight Owlnight	CAVOLYN M/GSR	54970 CANTON TWP DR SHELBY TWP MI 48315	wandeng880 msu.edu	(313) 604-5162	8-24-09
3	Web Servant	Chaym	29457 UNIVERSITY ST HESSEL MI 48066	chaym@ webdubq.com	586-879-5706	11/2/2003
4	150 Reg ->	MaryB	25830 VILLAGES GREEN BLVD HARRIS TWP MI 48045	mbaykaski@yahoo.com		
5	Good Morn. Rec.	Mark W/ Reg	18020 Empire East Pointe MI 48021	mark.w.winter @comcast.net		
6	Office Sup Party	Craig R/GSR		CR53 @Xbox.com	586-223-1022	09-21-06
7	White Flag	Math B/GSR	Macomb Plains Club 2324 E Mile Box #B Canton MI 48021	mathewit @barcud.org	586-286-5665	12-1-10
8	Party	Gary C			248-979-5285	10-16-2001
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